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# Sunlong Medical™ Human Prolactin Sandwich ELISA Kit

**Catalog Number:** EL1045Hu
**Size:** 96 Test

**Storage:** 2-8℃/-20℃
**Validity Period: 2-8℃: 6 months; -20℃: 12 months**

**Sensitivity:** 1.4 pg/mL
**Assay range:** 31.25-2000 pg/mL

For the quantitative detection of human Prolactin concentrations in serum, plasma, cell culture supernatant and human

This package insert must be read entirely before using this product. For proper performance, follow the protocol provided with each individual kit.

**FOR RESEARCH USE ONLY. NOT FOR USE IN DIAGNOSTIC PROCEDURES.**

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# ASSAY PROCEDURE SUMMARY

**1. Take out the required number of microplate strips and return excess strips to the foil pouch containing the drying reagent pack and reseal; store at 4°C immediately. Microplate strips should be used in one week.**

↓

**2. Preset the layout of the microplate, including control group, standard group and sample group, add 100 µL of each standard and sample to the appropriate wells.(Make sure sample addition is uninterrupted and completed within 5 to 10 minutes, It is recommended to assay all standards, controls, and samples in duplicate).**

↓

**3. Seal plate with cover seal, pressing it firmly onto top of microwells. Incubate the plate for 2 hours at 37°C.**

↓

**4. Wash: 1) Gently remove the cover seal. Discard the liquid from wells by aspirating or decanting. Remove any residual solution by tapping the plate a few times on fresh paper towels. 2) Wash 4 times with 1X Wash Buffer, using at least 350-400 µL per well. Following the last wash, firmly tap plates on fresh towels 10 times to remove residual Wash Buffer. Avoid getting any towel fibers in the wells or wells drying out completely.**

↓

**5. Add 100 µL of 1X Detection Antibody solution (refer to Reagent Preparation 7.2) to each well. Seal plate with cover seal and incubate for 1 hour at 37°C.**

↓

**6. Repeat wash step in 8.4.**

↓

**7. Add 100 µL of 1X Streptavidin-HRP solution (refer to Reagent Preparation 7.3) to each well. Seal plate with cover seal and incubate the plate for 40 minutes at 37°C.**

↓

**8. Repeat wash step in 8.4.**

↓

**9. Signal development: Add 100 µL of TMB substrate solution to each well, protected from light. Incubate for 15 to 20 minutes. Substrate Solution should remain colorless until added to the plate.**

↓

**10. Quenching color development: Add 100 µL of Stop Solution to each well in the same order as addition of the TMB substrate. Mix by tapping the side of the plate gently. NB: Avoid skin and eye contact with the Stop solution.**

↓

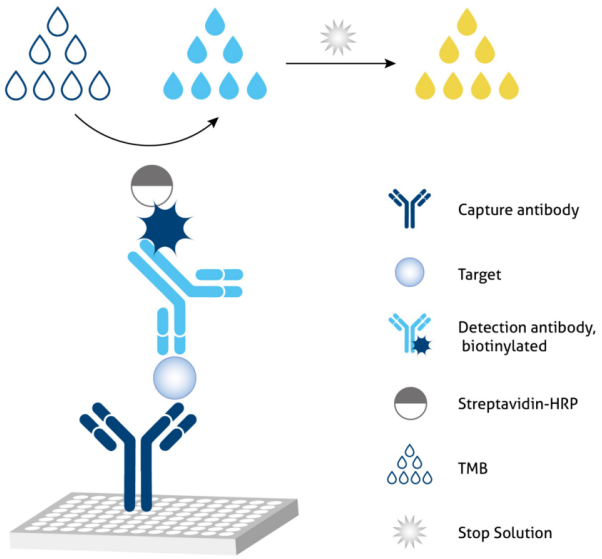
**11. Read results: Immediately after adding Stop solution read the absorbance on a microplate reader at a wavelength of 450 nm. If possible, perform a double wavelength readout (450 nm and 630 nm).**

## DESCRIPTION

Prolactin (PRL) is a pleiotropic hormone which is mainly synthetized by the lactotrophs of the anterior pituitary gland. Prolactin has a wide variety of effects. It causes the breasts to grow and make milk during pregnancy and after birth. Prolactin levels are normally high for pregnant women and new mothers. Prolactin also plays an essential role in metabolism, regulation of the immune system and pancreatic development. Normally during pregnancy prolactin serum levels are increased to hold of insulin resistance (IR). As well, prolactin is involved in regulation of glucose metabolism, since high prolactin levels are associated with low incidence of type 2 diabetes mellitus (T2DM).

## PRINCIPLE OF THE ASSAY

Sandwich ELISA structure (Detection antibody labeled with biotin) A capture antibody is pre-coated onto the bottom of wells which binds to analyte of interest. A detection antibody labeled with biotin also binds to the analyte. Streptavidin-HRP binds to the biotin. TMB acts as the HRP substrate and the solution color will change from colorless to blue. A stop solution containing sulfuric acid turns solution yellow. The color intensity is proportional to the quantity of bound protein which is measurable at 450 nm with the correction wavelength set at 630 nm.




## LIMITATIONS OF THE PROCEDURE

- FOR RESEARCH USE ONLY. NOT FOR USE IN DIAGNOSTIC PROCEDURES.
- Do not use expired kit or reagents.
- Do not mix or substitute reagents or materials from other kit lots or other sources.
- If concentration of assayed factor in samples is higher than the highest standard, dilute the samples with the appropriate Sample Diluent and reanalyze.
- Any variation in testing personnel, sample preparation, standard dilution, pipetting technique, washing techniques, incubation time, temperature, kit age and equipment can cause variation in results.
- This assay is designed to eliminate interference by factors present in biological samples. Until all factors have been tested in the ELISA immunoassay, the possibility of interference cannot be excluded.

## MATERIALS PROVIDED (96 Test)

Unopened kit should be stored at 2 - 8℃.

- **Microplate:** antibody coated 96-well microplate (8 well × 12 strips) (1 plate)
- **Protein standard:** 2000 pg/bottle; lyophilized (2 bottles)
- **Detection antibody, biotinylated (100×):** 120 µL/vial* (1 vial)
- **Streptavidin-horseradish peroxidase (HRP) (100×):** 120 µL/vial* (1 vial)
- **Sample Diluent PT 1-eg:** 30 mL/bottle. For human serum and plasma (1 bottle)
- **Sample Diluent PT 1-ag:** 30 mL/bottle. For cell culture supernatant (1 bottle)
- **Sample Diluent PT 3:** 30 mL/bottle. For human milk (1 bottle)
- **Detection Diluent:** 30 mL/bottle (1 bottle)
- **Wash Buffer Concentrate (20×):** 30 mL/bottle (1 bottle)
- **Tetramethylbenzidine Substrate (TMB):** 12 mL/bottle (1 bottle)
- **Stop Solution:** 12 mL/bottle (1 bottle)
- Plate Cover Seals (4 pieces)

## STORAGE

Store kit reagents between 2 and 8℃. Immediately after use remaining reagents should be returned to cold storage (2 to 8℃). Expiration date of the kit and reagents is stated on the labels.

Expiration date of the kit components can only be guaranteed if the components are stored properly.

| | Condition |
|---|---|
| Unopened kit | Store at 2 - 8℃ for 6 months or -20℃ for 12 months. (See expiration date on the label.) |
| Opened kit | All reagents stored at 2 - 8℃ for 7 days. Please use a new standard for each assay. |

## OTHER SUPPLIES REQUIRED

- A microplate reader capable of measuring absorbance at 450 nm with the correction wavelength set at 630 nm.
- Calibrated, adjustable precision pipettes and disposable plastic tips. A manifold multi-channel pipette is recommended for large assays.
- Plate washer: automated or manual.
- Absorbent paper towels.
- Glass or plastic tubes to prepare standard and sample dilutions.
- Beakers and graduated cylinders.
- Log-log or semi-log graph paper or computer and software for ELISA data analysis. A four-parameter logistic (4-PL) curve-fit is recommended.

## PRECAUTION

- Avoid any skin and eye contact with Stop Solution and TMB. In case of contact, wash thoroughly with water.
- Do not use the kit after the expiration date.
- Do not mix or substitute reagents or materials from other kit lots or other sources.
- Be sure to wear protective equipment such as gloves, masks and goggles during the experiment.
- When using an automated plate washer, adding a 30 second soak period following the addition of Wash Buffer to improve assay precision

## TECHNICAL HINTS

- Bring all reagents to room temperature before use.
- To avoid cross-contamination, change pipette tips between additions of each standard level, between sample additions, and between reagent additions. Also, use separate reservoirs for each reagent.
- When using an automated plate washer, adding a 30 second soak period before washing step and/or rotating the plate between wash steps may improve assay precision.
- To ensure accurate results, proper adhesion of plate sealers during incubation steps is necessary.
- Substrate Solution should remain colorless until added to the plate. Keep Substrate Solution protected from light. Substrate Solution should change from colorless to gradations of blue.
- Stop Solution should be added to the plate in the same order as the Substrate Solution.
- The color developed in the wells will turn from blue to yellow upon addition of the Stop Solution. Wells that are green in color indicate that the Stop Solution has not mixed thoroughly with the Substrate Solution.
- It is recommended that all samples and standards be assayed in duplicate.

## SAMPLE COLLECTION AND STORAGE

### Serum

Allow blood samples to clot for 30 minutes, followed by centrifugation for 15 minutes at 1000xg. Clear serum can be assayed immediately or aliquoted and stored at -20°C. Avoid repeated freeze-thaw cycles.

### Plasma

Use EDTA, heparin, or citrate as an anticoagulant for plasma collection. Centrifuge for 15 minutes at 1000xg within 30 minutes of collection. The plasma can be assayed immediately or aliquoted and stored at -20°C. Avoid repeated freeze-thaw cycles.

### Cell Culture Supernatant

Remove particulates by centrifugation for 5 minutes at 500xg and assay immediately or aliquot and store samples at ≤ -20°C. Avoid repeated freeze-thaw cycles.

### Human Milk

Collect milk samples and Centrifuge for 15 minutes at 1000xg at 2-8°C. Collect the aqueous fraction and repeat this process a total of 3 times. Assay immediately.

## REAGENT PREPARATION

Bring all reagents and samples to room temperature before use. If crystals have formed in the Wash Buffer Concentrate, warm to room temperature and mix gently until the crystals have completely dissolved.

### Wash Buffer (1X)

If crystals have formed in the concentrate, warm to room temperature and mix gently until the crystals have completely dissolved. Add 30 mL of Wash Buffer Concentrate(20X) to 570 mL deionized or distilled water to prepare 1X Wash Buffer.

### Detection Antibody (1X)

Dilute 100X Detection Antibody 1:100 using Detection Diluent prior to assay. Suggested 1:100 dilution: 10 µL 100X Detection Antibody + 990 µL Detection Diluent (Centrifuge the 100 X Detection Antibody solution for a few seconds prior to use).

### Streptavidin-HRP (1X)

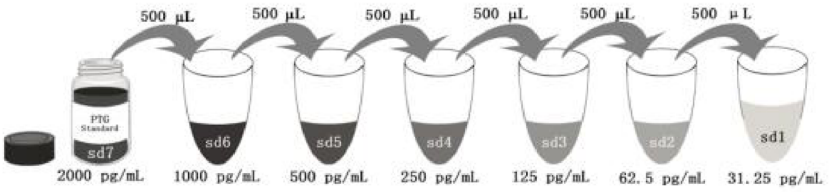
Dilute 100X Streptavidin-HRP 1:100 using Detection Diluent prior to assay. Suggested 1:100 dilution: 10 µL 100X Streptavidin-HRP + 990 µL Detection Diluent (Centrifuge the 100X Streptavidin-HRP solution for a few seconds prior to use).

### Sample Dilution

Different samples should be diluted with corresponding Sample Diluent, samples may require further dilution if the readout values are higher than the highest standard OD reading. Variations in sample collection, processing and storage may affect the results of the measurement. Recommended Dilution for different sample types: 1:2 or 1:4 is recommended for serum, plasma and cell culture supernatant; 1:16 or 1:32 is recommended for human milk.

### Standard Serial Dilution

For human serum and plasma, add 1 mL Sample Diluent PT 1-eg in protein standard; For cell culture supernatant, add 1 mL Sample Diluent PT 1-ag in protein standard; For human milk add 1 mL Sample Diluent PT 3 in protein standard.




| Add # µL of Standard diluted in the previous step | — | 500 µL | 500 µL | 500 µL | 500 µL | 500 µL | 500 µL |
|---|---|---|---|---|---|---|---|
| # µL of Sample Diluent PT 1-eg,PT 1-ag or PT 3 | **1000 µL** | 500 µL | 500 µL | 500 µL | 500 µL | 500 µL | 500 µL |
| | "sd7" | "sd6" | "sd5" | "sd4" | "sd3" | "sd2" | "sd1" |

## ASSAY PROCEDURE

Bring all reagents to room temperature before use (Detection antibody and Streptavidin-HRP can be used immediately). To avoid cross-contamination, change pipette tips between additions of each standard level, between sample additions, and between reagent additions. Also, use separate reservoirs for each reagent.

**1.** Take out the required number of microplate strips and return excess strips to the foil pouch containing the drying reagent pack and reseal; store at 4°C immediately. Microplate strips should be used in one week.

**2.** Preset the layout of the microplate, including control group, standard group and sample group, add 100 µL of each standard and sample to the appropriate wells.(Make sure sample addition is uninterrupted and completed within 5 to 10 minutes, It is recommended to assay all standards, controls, and samples in duplicate).

**3.** Seal plate with cover seal, pressing it firmly onto top of microwells. Incubate the plate for 2 hours at 37°C.

**4.** Wash: 1) Gently remove the cover seal. Discard the liquid from wells by aspirating or decanting. Remove any residual solution by tapping the plate a few times on fresh paper towels. 2) Wash 4 times with 1X Wash Buffer, using at least 350-400 µL per well. Following the last wash, firmly tap plates on fresh towels 10 times to remove residual Wash Buffer. Avoid getting any towel fibers in the wells or wells drying out completely.

**5.** Add 100 µL of 1X Detection Antibody solution (refer to Reagent Preparation 7.2) to each well. Seal plate with cover seal and incubate for 1 hour at 37°C.

**6.** Repeat wash step in 8.4.

**7.** Add 100 µL of 1X Streptavidin-HRP solution (refer to Reagent Preparation 7.3) to each well. Seal plate with cover seal and incubate the plate for 40 minutes at 37°C.

**8.** Repeat wash step in 8.4.

**9.** Signal development: Add 100 µL of TMB substrate solution to each well, protected from light. Incubate for 15 to 20 minutes. Substrate Solution should remain colorless until added to the plate.

**10.** Quenching color development: Add 100 µL of Stop Solution to each well in the same order as addition of the TMB substrate. Mix by tapping the side of the plate gently. NB: Avoid skin and eye contact with the Stop solution.

**11.** Read results: Immediately after adding Stop solution read the absorbance on a microplate reader at a wavelength of 450 nm. If possible, perform a double wavelength readout (450 nm and 630 nm).

| Step | Reagent | Volume | Incuba-tion | Wash | Notes |
|---|---|---|---|---|---|
| 1 | Standard and Samples | 100 µL | 120 min | 4 times | Cover Wells incubate at 37°C |
| 2 | Diluent Antibody Solution | 100 µL | 60 min | 4 times | Cover Wells incubate at 37°C |
| 3 | Diluent HRP Solution | 100 µL | 40 min | 4 times | Cover Wells incubate at 37°C |
| 4 | TMB Substrate | 100 µL | 15-20 min | Do not wash | Incubate in the dark at 37°C |
| 5 | Stop Solution | 100 µL | 0 min | Do not wash | - |
| 6 | Read plate at 450 nm and 630 nm immediately after adding Stop solution. DO NOT exceed 5 minutes. | | | | |

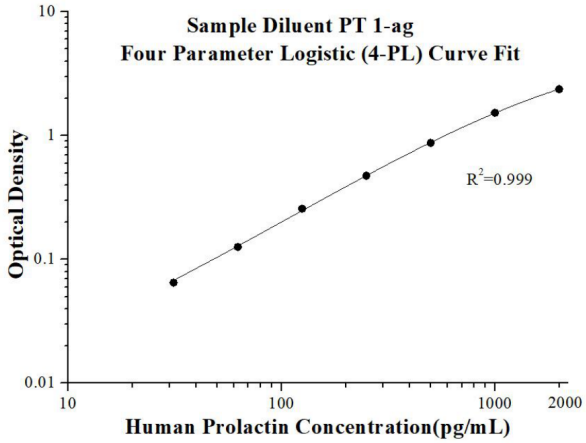
## CALCULATION OF RESULTS

Data analysis: Calculate the average of the duplicate readings (OD value) for each standard and sample, and subtract the average of the zero standard absorbance. Construct a standard curve by plotting the mean absorbance for each standard on the y-axis against the concentration on the x-axis, use four-parameter logistic curvefit (4-PL) analysis to do this. If the samples have been diluted, the OD readout from the standard curve must be multiplied by the dilution factor used.

## TYPICAL DATA

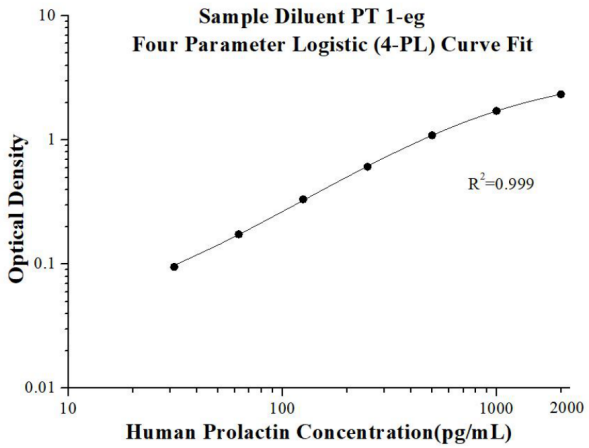
These standard curves are provided for demonstration only. A standard curve should be generated for each set of samples assayed.

## Standard curve 1



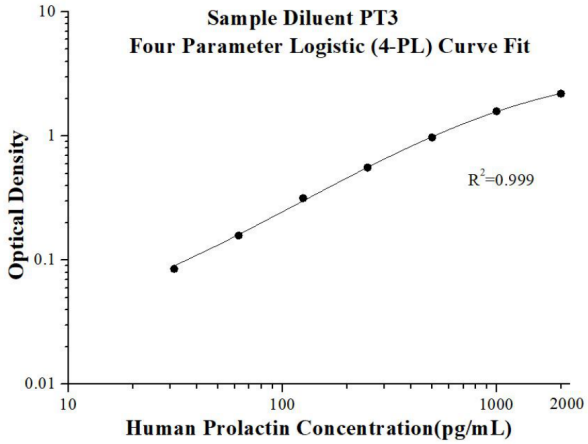

| (pg/mL) | O.D. | Average | Corrected |
|---|---|---|---|
| 0 | 0.058<br>0.054 | 0.056 | - |
| 31.25 | 0.120<br>0.122 | 0.121 | 0.065 |
| 62.5 | 0.188<br>0.175 | 0.182 | 0.126 |
| 125 | 0.316<br>0.310 | 0.313 | 0.257 |
| 250 | 0.550<br>0.509 | 0.530 | 0.474 |
| 500 | 0.952<br>0.906 | 0.929 | 0.873 |
| 1000 | 1.616<br>1.547 | 1.582 | 1.526 |
| 2000 | 2.431<br>2.427 | 2.429 | 2.373 |

## Standard curve 2




| (pg/mL) | O.D. | Average | Corrected |
|---|---|---|---|
| 0 | 0.056<br>0.065 | 0.061 | - |
| 31.25 | 0.147<br>0.164 | 0.156 | 0.095 |
| 62.5 | 0.228<br>0.241 | 0.235 | 0.174 |
| 125 | 0.387<br>0.399 | 0.393 | 0.333 |
| 250 | 0.664<br>0.674 | 0.669 | 0.609 |
| 500 | 1.146<br>1.159 | 1.153 | 1.092 |
| 1000 | 1.766<br>1.785 | 1.776 | 1.715 |
| 2000 | 2.388<br>2.400 | 2.394 | 2.334 |

### Standard curve 3




| (pg/mL) | O.D. | Average | Corrected |
|---|---|---|---|
| 0 | 0.072<br>0.077 | 0.075 | - |
| 31.25 | 0.156<br>0.162 | 0.159 | 0.085 |
| 62.5 | 0.231<br>0.234 | 0.233 | 0.158 |
| 125 | 0.380<br>0.401 | 0.391 | 0.316 |
| 250 | 0.629<br>0.633 | 0.631 | 0.557 |
| 500 | 1.040<br>1.056 | 1.048 | 0.974 |
| 1000 | 1.647<br>1.667 | 1.657 | 1.583 |
| 2000 | 2.297<br>2.254 | 2.276 | 2.201 |

## SENSITIVITY

The minimum detectable dose of human Prolactin is 1.4 pg/mL. This was determined by adding two standard deviations to the concentration corresponding to the mean O.D. of 20 zero standard replicates.

## PRECISION

Intra-assay Precision (Precision within an assay) Three samples of known concentration were tested 20 times on one plate to assess intra-assay precision. Inter-assay Precision (Precision between assays) Three samples of known concentration were tested in 24 separate assays to assess inter-assay precision.

### Intra-assay Precision

| Sample | n | Mean (pg/mL) | SD | CV% |
|---|---|---|---|---|
| 1 | 20 | 101.7 | 8.5 | 8.4 |
| 2 | 20 | 305.6 | 5.6 | 1.8 |
| 3 | 20 | 1,054.2 | 21.8 | 2.1 |

### Inter-assay Precision

| Sample | n | Mean (pg/mL) | SD | CV% |
|---|---|---|---|---|
| 1 | 24 | 72.9 | 4.1 | 5.1 |
| 2 | 24 | 264.1 | 7.1 | 2.7 |
| 3 | 24 | 958.0 | 28.2 | 2.9 |

## RECOVERY

The recovery of human Prolactin spiked to three different levels throughout the range of the assay in various matrices was evaluated.

| Sample Type | | Average% of Expected | Range (%) |
|---|---|---|---|
| Human serum | 1:8 | 94 | 89-100 |
| | 1:16 | 103 | 102-110 |
| Cell culture supernatant | 1:2 | 101 | 95-109 |
| | 1:4 | 85 | 78-90 |
| Human milk | 1:60 | 102 | 94-107 |
| | 1:120 | 103 | 89-123 |

## LINEARITY

To assess the linearity of the assay, cell culture supernatant samples were spiked with high concentrations of human Prolactin in various matrices and diluted with the appropriate Sample Diluent to produce samples with values within the dynamic range of the assay. Human serum and human milk were diluted with the appropriate Sample Diluent to produce samples with values within the dynamic range of the assay.(The human milk samples were initially diluted 1: 8 )

| | | Human serum (Sample Diluent PT 1-eg) | Cell culture supernatant (Sample Diluent PT 1-ag) | Human milk (Sample Diluent PT 3) |
|---|---|---|---|---|
| 1:2 | Average% of Expected | 100 | 113 | 100 |
| | Range (%) | - | 96-124 | - |
| 1:4 | Average% of Expected | 100 | 106 | 104 |
| | Range (%) | 97-103 | 96-116 | 103-106 |
| 1:8 | Average% of Expected | 101 | 100 | 108 |
| | Range (%) | 97-107 | 91-112 | 107-111 |
| 1:16 | Average% of Expected | 109 | 99 | 111 |
| | Range (%) | 103-112 | 88-113 | 108-117 |

## CALIBRATION

This immunoassay is calibrated against a highly purified recombinant **human Prolactin** produced at Sunlong Medical™.

## SAMPLE VALUES

| Sample Type | Mean (pg/mL) | Range (pg/mL) |
|---|---|---|
| Human serum (n=24) | 4,337.9 | 1,555.7-10,698.4 |
| Human milk (n=7) | 6,485.5 | 4,867.0-8,906.8 |

## PLATE LAYOUT

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| A | | | | | | | | | | | | |
| B | | | | | | | | | | | | |
| C | | | | | | | | | | | | |
| D | | | | | | | | | | | | |
| E | | | | | | | | | | | | |
| F | | | | | | | | | | | | |
| G | | | | | | | | | | | | |
| H | | | | | | | | | | | | |